

# Smoking Cessation

# DO YOU SMOKE

*Do you smoke?*

	Total Adults	18-39	40+
No, Never	70.2%	77.7%	63.2%
No, Not Anymore	16.6%	12.1%	20.6%
Yes	13.2%	10.1%	16.1%

# SMOKING FREQUENCY AT WORK

*How frequently do you smoke at your work place?*

	Total Adults	18-39	40+
More than 8 times at work place	2.1%	0.0%	3.3%
6 to 8 times at work place	10.4%	8.6%	11.5%
4 to 6 times at work place	19.8%	20.0%	19.7%
2 to 3 times at work place	30.2%	17.1%	37.7%
Once a day at work place	17.7%	20.0%	16.4%
Once every 2 or 3 days	5.2%	8.6%	3.3%
Once a week	14.6%	25.7%	8.2%

# TRIED TO QUIT SMOKING

*Have you ever tried to quit smoking?*

	Total Adults	18-39	40+
Yes	71.9%	71.4%	72.1%
No	28.1%	28.6%	27.9%

# TIMES TRIED TO QUIT SMOKING

*How many times in the past have you tried to quit smoking?*

	Total Adults	18-39	40+
Once	33.3%	41.8%	28.7%
Twice	29.1%	28.4%	29.5%
Thrice	11.6%	11.9%	11.5%
More than three times	25.9%	17.9%	30.3%

# QUIT SMOKING PRODUCTS AWARENESS

*Which of the following 'Quit smoking' products are you aware of?*

	Total Adults	18-39	40+
Nicotine patch	88.0%	84.4%	89.9%
Nicotine gum	85.6%	81.8%	87.8%
Electronic cigarettes	65.7%	58.4%	69.8%
Prescription medication	57.9%	51.9%	61.2%
Nicotine lozange	46.3%	36.4%	51.8%
Nicotine inhaler	19.4%	23.4%	17.3%
Other	6.5%	9.1%	5.0%

## USED/CONSIDERED-NICOTINE GUM

*Have you used or consider(ed) using the Nicotine Gum when trying to quit smoking?*

	Total Adults	18-39	40+
Consider(ed) using	76.2%	73.0%	77.9%
Have Used	25.9%	28.6%	24.6%

## USED/CONSIDERED-NICOTINE LOZANGE

*Have you used or consider(ed) using a Nicotine Lozange when trying to quit smoking?*

	Total Adults	18-39	40+
Consider(ed) using	89.0%	89.3%	88.9%
Have Used	12.0%	14.3%	11.1%



# USED/CONSIDERED-NICOTINE INHALER

*Have you used or consider(ed) using a Nicotine Inhaler when trying to quit smoking?*

	Total Adults	18-39	40+
Consider(ed) using	88.1%	83.3%	91.7%
Have Used	11.9%	16.7%	8.3%

# USED/CONSIDERED-PRESCRIPTION MEDICATION

*Have you used or consider(ed) using prescription medication when trying to quit smoking?*

	Total Adults	18-39	40+
Consider(ed) using	80.8%	77.5%	82.4%
Have Used	20.0%	22.5%	18.8%

# USED/CONSIDERED-ELECTRONIC CIGARETTES

*Have you used or consider(ed) using electronic cigarettes when trying to quit smoking?*

	Total Adults	18-39	40+
Consider(ed) using	82.4%	75.6%	85.6%
Have Used	19.0%	24.4%	16.5%